

Opportunities for Discipleship

Adult Study

DISCIPLE BIBLE STUDY

Weekly, Wednesdays on Zoom, starting Sept. 15, 7:00 p.m. - 8:30 p.m.

A “deep dive” into the Bible, covering the Old Testament this fall, September 8th through January 19th. This class is a commitment, with reading assignments throughout the week. If you’ve ever wanted to dig deeper into the Bible, this is a great opportunity!

Leader: Rev. Connie Tamkin, ctamkin@fumcpasadena.org

PASTOR’S STUDY

Weekly, Thursday on Zoom, 12:00 p.m. - 1:00 p.m.

A discussion of the themes and scriptures for the upcoming Sunday.

Leader: Pastor Amy Aitken

Contact: Connect@fumcpasadena.org

ANXIETY: FINDING COMFORT AND REASSURANCE FROM GOD

Weekly, Wednesdays on Zoom, time TBD, starting Sept. 22

An eight-week study on anxiety written by a mental health nurse. Find encouragement through scripture, discussion, and community.

Leader: Mikala Rahn, mikala@learningworkscharter.com

TURN-A-PAGE BOOK GROUP

Monthly, Monday evenings on Zoom,

7:00 p.m. - 8:00 p.m., Sept. 20, Oct. 18, and Nov. 22

Books include fiction and non-fiction on a wide variety of topics. Monthly discussions are led by members of the group. Members, including the coordinator, offer information about upcoming books via email or USPS. Alight lunch is included, COVID permitting.

Coordinator (through 12/2021): Ellen Peterson, empeterson1@sbcglobal.net

M&M’S (MONDAY MORNINGS)

Weekly, Mondays, 10:30 a.m. - 12:00 p.m., Church Library (Zoom option available)

Meetings center on praying for the people on Sunday’s prayer list and book discussion. Members take turns leading discussion. The group will be starting a new book, “Visions of a Better World: Howard Thurman’s Pilgrimage to India and the Origins of African-American Nonviolence,” reading and discussing one chapter a week. This group is currently all women, but open to all.

Leader: Ann Burke, wegenerann66@gmail.com

SUNDAY CONVERSATION

Weekly, Sundays, 11:30 a.m. - 12:15 p.m., Room 205

A lively discussion on topics related to the sermon, worship emphasis, or opportunities for mission/service, usually led by the Pastor, but sometimes featuring guest speakers or lay leaders.

Leader: Pastor Amy Aitken

Contact: Connect@fumcpasadena.org

MOVIE NIGHTS

4th Sunday Evenings

We are working on getting our movie night group going again, and we’ll kick off the program with an intergenerational outdoor showing of “Soul” in the Cloister on October 24th.

Contact: Priscilla Baca, priscillabaca1@gmail.com

SPIRIT SEEKERS

Weekly, Sundays, 9:00 a.m., TBD

We are working on putting new leaders in place for this Bible study-based Sunday school class, and hope to begin in October. Stay tuned!

Contact: Rev. Jen Chapman, jchapman@fumcpasadena.org

For Parents/Guardians of Children/Youth

PARENTING FORWARD

Monthly, Sundays, 11:30 a.m. - 12:15 p.m., Room 206 People currently raising children (newborn to teens) are invited to join in a discussion guided by Cindy Wang

Brandt's book, "Parenting Forward: How to Raise Children with Justice, Mercy, and Kindness"

Leader: Rev. Jen Chapman,
jchapman@fumcpasadena.org

CHILDREN'S PARENT/FAMILY FELLOWSHIP

Monthly, rotating in-person and Zoom

Fellowship gatherings for moms, parents/guardians and families. Visit the Children's Ministry Table for a list of dates and events.

Leader: Rev. Jen Chapman, jchapman@fumcpasadena.org

For Women (Including Young Women, Ages 12 +)

UNITED METHODIST WOMEN (UMW)

Monthly, third Mondays (4th Monday in Jan/Feb), 1:00 p.m., Church Lounge

United Methodist Women is open to all women of the church. Meetings are planned around a topic connected to mission work and usually feature a speaker, prayer, Bible verses, singing and a dessert. There is a book reading component with books chosen by book club members and everyone is invited to join. Donations and pledges in any amount are given throughout the year by our members to support mission work locally and around the world.

Leader: Barbara Gorton,
h_bgorton456@sbcglobal.net

UMW EVENING CIRCLE

Monthly, third Fridays, 7:00 p.m., location rotating

Open to women of any age, from teens to adults. Meetings offer an opportunity to grow new and deeper friendships with other women while learning about issues affecting women and children in the world, areas for mission work both local and global, and ways to feed our own spiritual growth. Each gathering includes a short program or guest speaker, refreshments and fellowship.

Leader: Christy Bootjer, gurmco_inc@yahoo.com

*****Learn more about UMW at the Women's Luncheon Sunday, September, 26th, 11:30 a.m.*****

For Youth

YOUTH GROUP

Weekly, Sunday evenings, 5:30 a.m. - 7:30 p.m.

Youth, ages 12 through 18 (or entering 7th - 12th grade), gather each Sunday evening for food, fellowship, faith development, and fun! The youth group also engages in service projects, fundraisers, and special events throughout the year. We begin on Rally Day, September 12th, with breakfast at IHOP, and a scavenger hunt in the evening. If you are interested in joining, please contact Pastor Jen!

Program Director: Rev. Jen Chapman,
jchapman@fumcpasadena.org

CONFIRMATION

Weekly, Sundays, 11:15 a.m. - 12:15 p.m.

Youth entering 7th grade or older are encouraged to participate in Confirmation following worship each Sunday. Confirmation is a two-year program guiding youth to investigate their own faith, learn about church history, the Methodist denomination, the Old and New Testaments, and theology. At the end of two years, youth have an opportunity to publicly claim the Christian faith as their own, but there is no pressure to do this! It's all about learning and growing, asking hard questions, and discovering what the Christian faith is all about.

Leader: Rev. Jen Chapman, jchapman@fumcpasadena.org

For Children

CHILDREN'S SUNDAY SCHOOL & MUSIC

Weekly, Sundays, 10:15 a.m. - 12:15 p.m.

We have weekly Sunday School classes for children ages 3 through 12 following the children's sermon in Worship, 10:15 a.m. - 11:00 a.m.

Following Sunday School, children ages 4 through 12 will receive a snack and then go to children's music. (3 year olds are taken to the church nursery and also receive a snack.)

Program Director: Rev. Jen Chapman,
jchapman@fumcpasadena.org

Music Leaders: Alan Wellman (Cherub Choir), Chrissa Hayes (Cantate Choir) and Megan Goldstein (bells)

Mission & Service (All Ages)

SOCIAL SERVICES

Donate or volunteer, opportunities weekly, Tuesdays, 10:00 a.m. - 12:00 p.m.

First UMC's food pantry offers food as well as some clothing and toiletries to the community. Current donation needs:

- Underwear - colored boxer briefs for men, sizes large, extra large and double extra large, colored women's panties of all sizes (please no white).
- Hoodies - As the weather cools down we will need lots of hoodies for both women and men, medium and large for women and lg, xlg, xxlg for men.

Our clients remind us every week that we are extremely important to them. They appreciate the variety of foods we offer as well as the friendships that they develop with us all. Look for volunteer sign-ups and donation needs in the eNews and Bulletin.

Contact: Pat Spalding, pattitude1@gmail.com, or Aisha Figilis-Williams, afwilliams@fumcpasadena.org

SOMETHING SPECIAL FOR SOCIAL SERVICES

Donate and volunteer, opportunities weekly, Tuesdays, 10:00 a.m. - 12:00 p.m. (Starting in October)

In an effort to build relationships with our neighbors who come to Social Services, we are inviting church members to choose a Tuesday and offer "something special" to our guests. This could be sandwiches, coffee, seasonal treats, homemade cookies, pizza, etc! The key is not just dropping off, but hanging out, passing out the items yourself, and chatting with people as you do. Take time to listen to someone's story, share laughter and smiles—and enjoy some of whatever you bring along with everyone else. Look for a sign-up in the eNews.

Contact: Aisha Figilis-Williams,
afwilliams@fumcpasadena.org

WANT TO DO SOME SHOPPING FOR SOCIAL SERVICES? SCAN THE QR CODE TO THE RIGHT TO VISIT OUR AMAZONWISH LIST. YOU CAN SELECT ITEMS TO PURCHASE FOR THE SOCIAL SERVICE PANTRY AND THOSE ITEMS WILL BE DELIVERED DIRECTLY TO THE CHURCH!



FAMILY PROMISE

Next hosting week: October 17 – 23

First UMC is a hosting congregation within the Family Promise of San Gabriel Valley network. We host families four times a year, for one week at a time, providing overnight shelter, meals and hospitality.

Family Promise helps homeless and low-income families achieve sustainable independence through a community-based response. Over 88% of families move from the program to permanent housing. Sign up to be a host for dinner, evening or overnight. Sign-ups are announced a few weeks before hosting via the Bulletin, fellowship and weekly eNews.

Contact: Beth Gerber, beth@lighttext.com

UNION STATION FAMILY CENTER DINNERS

Fourth Sunday of the month

Union Station is a homeless shelter. Our group provides dinner for residents of the Family Center once a month at approximately 6:00 p.m. Currently, due to COVID precautions, we are preparing meals at home for approximately 20 people and dropping off dinner to be served by Union Station staff. We decide the menu as a group and take turns preparing the different courses. If you like to cook, this is a fun opportunity.

Contact: Pat Zeider, pszeider@yahoo.com

ADOPT A CHILD ABUSE CASEWORKER

Donate

Assist the Department of Children and Family Services social workers by providing school supplies and backpacks, Christmas stockings and gifts, and Easter baskets for their clients. We also collect furniture, clothing, household goods, baby cribs, strollers, car seats, diapers clothes, etc. throughout the year. You can participate by providing these items when requested or by making a financial donation.

Contact: Diane Harris, 626 665-6786,
dmharris150625@gmail.com

FRIENDS IN DEED

Donate or volunteer, days/times vary

Supporting clients toward food and housing stability through food pantry, Bad Weather Shelter, The Women's Room (TWR) (a day program for unhoused women), homeless outreach and eviction prevention services. TWR needs donations of travel-size hygiene products, snack bags with water and healthy treats, and lunch deliveries. The Food Pantry needs volunteers for food donations, packing and distribution, and especially with client check in. The client check-in position has the most contact with clients and involves data entry. Spanish, Mandarin, or Armenian capability is a plus. Volunteers are typically scheduled in 2-3 hour shifts on distribution days (Tuesday & Wednesday, 9 a.m.-3 p.m.; Thursday, 9 a.m.-1 p.m.). FID is looking for volunteers who can give a regular weekly commitment for the next several months. For ongoing information, check with

FID website: <https://friendsindeedpas.org/fid/>

Food Pantry:

pantry@friendsindeedpas.org or
staceyc@friendsindeedpas.org

The Women's Room: twr@friendsindeedpas.org

HARVEST FESTIVAL

Donate

The annual Harvest Festival sale to benefit services to the unhoused will be held during the coffee hours in November. Donations of holiday craft and gift items will be welcome: baked goods and baking mixes, potted plants and gently-used jewelry. If you are crafty or have a green thumb and want to start crafting or planting, Harvest Festival will be an opportunity to share your efforts and support local missions.

Contact: Pam Marx, pamelamarx@sbcglobal.net